

DO'S & DONT'S

24/48 hours before
your treatment is
applicable to follow
these rules.



These are some standard rules to follow before coming to get your treatment done.

Make sure you disclose any changes to your health to your practitioner before attending the appointment.

Please rearrange your appointment if you are feeling unwell or think you may be displaying covid-19 symptoms.

Please make sure you have eaten before the appointment.

Please avoid alcohol 48 hours before your appointment.

Please avoid aspirin before your treatment and after.

Feel free to attend however you like but without makeup is more preferable, however it will be removed before we go ahead with the treatment.